

Winterlaufserie 2016/2017 des PSV Holzminden

				19.11.2016	26.11.2016	03.12.2016	04.12.2016	10.12.2016	11.12.2016	17.12.2016	18.12.2016	07.01.2017	08.01.2017	14.01.2017
Rahns	Jutta	W45	100-km-Serie	01:34:40	01:32:40	01:32:54	---	01:35:43	---	---	01:33:27	01:36:13	---	---
Werner	Ronald	M45											01:39:57	
Busse	Ines	W40	25-km-Serie	00:26:38	00:25:19	---	00:25:49	---	00:25:34	00:25:09	---	---	---	---
Baumgardt	Claudia	W45	25-km-Serie	---	00:27:36	00:27:08	00:28:29	00:27:38	---	00:27:09	---	00:27:48	---	---
Husemann	Karin	W40	25-km-Serie	00:27:47	---	---	---	---	---	---	00:28:08	00:28:50	00:28:40	---
Vierk	Daniela	W35	25-km-Serie	---	00:29:06	00:28:42	---	---	---	---	00:30:21	---	00:31:30	---
Graefe	Grit	W50	25-km-Serie	00:31:03	00:30:22	00:29:40	---	00:29:49	---	00:28:48	---	00:29:06	---	---
Brett	Judith	W40	25-km-Serie	00:31:49	00:29:07	---	---	---	---	---	---	---	---	---
Schreiber	Constanze	W50	25-km-Serie	00:31:50	00:31:17	---	00:31:16	00:31:08	---	---	---	00:31:07	---	---
Behn	Vera	W40	25-km-Serie	00:32:28	00:32:48	---	---	---	---	00:32:34	---	00:35:34	---	---
von Heesen	Nadine	W35	25-km-Serie	00:35:50	00:35:53	00:34:17	---	00:35:59	---	---	---	---	---	---
Bodemann	Monika	W50	25-km-Serie	---	00:36:47	00:36:15	---	---	---	00:35:16	---	00:35:39	---	---
von Heesen	Jo-Ann	WKU12	25-km-Serie	00:28:43	---	00:30:52	---	00:26:43	---	---	---	00:31:26	---	---
Husemann	Annika	WJU14	25-km-Serie	---	00:24:08	---	---	---	---	---	---	---	---	---
Schwiete	Elisa	WJU14	25-km-Serie	---	00:26:59	---	---	00:28:14	---	00:27:45	---	00:29:50	---	---
Rikus	Isabeau	WJU14	25-km-Serie	---	00:28:19	---	---	00:27:30	---	---	00:28:53	00:29:58	---	---
Langer	Stella	WJU14	25-km-Serie			00:30:53		00:27:31						
Werner	Ronald	M45	25-km-Serie	00:21:29	---	---	---	00:20:22	---	00:20:13	00:20:48	00:20:30	---	---
Weisbender	Marco	M40	25-km-Serie	00:26:01	---	---	---	00:25:47	---	00:24:52	---	---	---	---
Brandl	Uwe	M50	25-km-Serie	00:26:03	00:25:00	00:25:07	---	00:25:02	---	00:25:10	---	00:27:50	---	---
Queren	Rainer	M55	25-km-Serie	00:36:29	00:36:48	00:36:14	---	00:34:24	---	00:35:07	---	00:35:36	---	---
Held	Leon	MJU18	25-km-Serie	00:21:45	00:20:17	00:18:59	---	---	---	---	---	---	---	---
Jones	Kieran	MJU18	25-km-Serie	---	00:21:14	00:20:42	---	---	---	---	00:20:33	---	00:22:42	---
Jones	Kyle Liam	MJU14	25-km-Serie	00:24:25	00:23:47	00:24:04	---	00:23:52	---	---	00:23:12	---	00:27:39	---
Horstmann	Rita	W50	25-km-Serie Walking	---	---	00:42:31	---	---	---	---	---	00:42:09	00:44:19	---
Wilmes	Hannelore	W75	25-km-Serie Walking	---	00:49:59	00:49:08	---	---	---	---	00:47:49	---	---	---